

## Contact Information

### Local

### State



**MINNESOTA  
SCHOOL  
COUNSELORS  
ASSOCIATION**

*MSCA actively promotes excellence in the profession of school counseling by providing the leadership, advocacy, support and resources needed to instill student success in school, home and the global community.*

[www.mnschoolcounselors.org](http://www.mnschoolcounselors.org)

### National

**American School Counselor Association**

[www.schoolcounselor.org](http://www.schoolcounselor.org)

MN School Counselors Association



**Minnesota School  
Counselors Association**

## Opening doors to student success



## Academic



## Career

## Personal/Social



## Licensed School Counselors

- Licensed School Counselors (LSC) are licensed educators that hold a Masters degree in school counseling from an accredited school counseling program and are licensed by the MN Board of Teaching.
- Like all professions, school counseling continues to evolve and advance to ensure effectiveness and high professional standards in order to best serve ALL students K-16.

### In Minnesota, LSC's are trained in:

- ⇒ School Counseling Program Development and Management
- ⇒ Developmental Psychology
- ⇒ Psychology Theory
- ⇒ Psychology of Student Learning
- ⇒ Group and Individual Counseling
- ⇒ Multicultural Counseling
- ⇒ Crisis Counseling
- ⇒ Consultation and Referral Methods
- ⇒ Career Development and Theory
- ⇒ Organizational Structure of Schools
- ⇒ Curriculum Development
- ⇒ School Use of Testing
- ⇒ Statistics and Data Usage
- ⇒ Professional Ethics

**\*In addition, MN School Counselors must complete 600 hours of a supervised internship.**

For more information on Minnesota school counselor licensure requirements go to [www.revisor.leg.state.mn.us/arule/8710/6400.html](http://www.revisor.leg.state.mn.us/arule/8710/6400.html)

## Who do Licensed School Counselors Help?

### *Licensed School Counselors help Students with...*

Academic planning and support  
Career and college planning  
Decision making and conflict resolution  
Individual/group counseling  
Personal/social skills  
Self-awareness  
Study skills and learning styles

### *Licensed School Counselors help Families with...*

Academic planning information  
Assessment results interpretation  
Community resources  
Consultation  
Navigating education systems  
Parent information/conferences  
Scholarship/financial aid process

### *Licensed School Counselors help Schools and Teachers with...*

Academic and behavioral interventions  
Consultation  
Crisis prevention planning  
Crisis intervention and management  
Curriculum planning  
Data analysis  
Developmental classroom lessons  
Reducing behavior problems  
School-wide needs assessment  
Understanding student needs

## What the data tells us

### **Counseling enhances academic interventions for students**

Students who receive counseling in addition to tutoring, improve significantly in achievement, classroom behavior and self-esteem over students who receive tutoring only.<sup>1</sup>

### **Counseling helps students relate course choices to career and future goals**

When students have regular contact with licensed school counselors through developmental career counseling lessons, their ability to understand the importance of their educational choices as related to post-secondary education and future career choices increases. Students are able to make more appropriate course choices and better understand graduation requirements than students receiving announcements or printed materials only.<sup>2</sup>

### **Decreased counselor caseloads improve student behavior**

Lower student to counselor ratios decrease both the number of students involved in disciplinary infractions and the number of repeat offenses by individual students.<sup>3</sup>

<sup>1</sup>Edmondson, J.H., & White, J. (1998). A tutorial and counseling program: Helping students at risk of dropping out of school. *Professional School Counseling*, 1(4), 43-47.

<sup>2</sup>Peterson, G.W., Long, K.L., & Billups, A. (1999). The effects of three career interventions on the educational choices of eighth grade students. *Professional School Counseling*, 3(1), 34-42.

<sup>3</sup>Carrell, S., & Carrell, S. (2006). Do lower students-to-counselor ratios reduce school disciplinary problems? *Contributions to Economic Analysis & Policy*: Vol.5: Iss. 1, Article 11. Available at: <http://www.bepress.com/bejeap/contributions/vol5/iss1/art11>.